## **How to measure for Therafirm Knee High Socks**

The best time to measure is first thing in the morning

## How to measure for below knee socks

- 1. Ankle (Cb) measure the circumference at the ankle just above the bone
- 2. Calf (Cc) measure the circumference at the widest part of the calf

Length (CD) measure from the heel at the ground to just below the knee cap





Size	cB (cm)	cC (cm)	Length (cm)
Small	18-23	27-38	28-36
Medium	23-28	28-42	31-38
Large	25-36	31-43	33-41
X - Large	28-38	33-48	36-46